

PFF25-420

# Lower Engine Mount Insert

### **INSTALLATION GUIDE**

## Contents (parts per pack):

#### 1 x Polyurethane Insert

Please read the complete fitting instructions and check package components before fitment. These fitting instructions are to be used as a guide and in conjunction with workshop manual. It is recommended that: -all work to be carried out by a licensed technician; -all safety precautions adhered to; -wheel alignment to be checked and adjusted as required after any suspension work. -All fasteners must be tensioned to manufacturer's torque settings.

## **Fitting Instructions:**

- Raise the vehicle on either a lift or on axle stands to gain access to the lower engine mount.
- 2. Remove the lower engine mount from the vehicle.
- Using side cutters, cut off the two moulded 'nibs' from the upper side of the large rubber bush to ensure that the insert is allowed to sit flush with the mount. See Figures 1 and 2.
- 4. Push the polyurehtane insert into the large rubber bush from the upper side. Using some washing-up liquid between the insert and mount will help with installation if tight.
- 5. Re-fit the lower engine mount to the vehicle, torquing the bolts to the following:

90180-T9C-000 (Vertical Bolt) --> 93 Nm 90188-TF0-000 (Horizontal Bolt) --> 83 Nm

6. Lower the vehicle and road test.





Figure 1: Before cutting



Figure 2: After cutting

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